



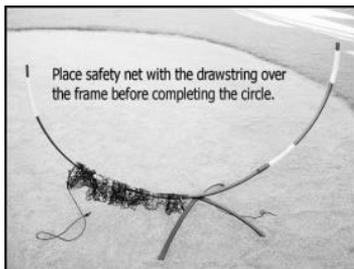
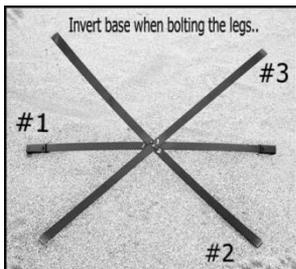
Assembly Instructions PX-3 & VX-3

Watch the assembly video on line before assembling. It makes the assembly much easier!!

PX-3 & VX-3 Components:

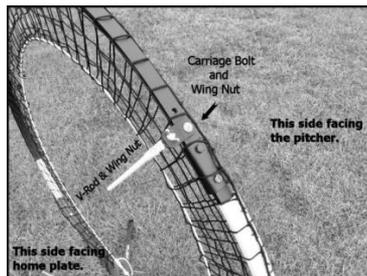
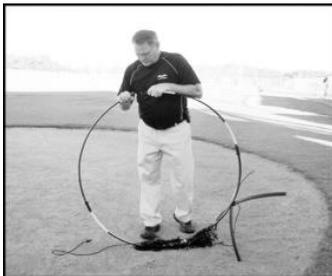
- 4 sections of the circle, 2 having white heat shrink on them and two being solid black.
- Leg Assembly: 2 pieces numbered
- 1 black safety tube net with white bungee drawstring
- 4 nuts and bolts for bolting the frame together. (1"x 1/4")
- Carriage bolts/nuts for V-rods
- 1 nut and bolt for base assembly (5/16")
- 9lbs weighted sand bag for added stability
- 14 V-Rods for forming different V-Zones
- 6 rubber spacer for V-Rod attachment
- Visual Aid (V-Card) for Strike Zone Illustrations

Base & Frame Assembly



There are (3) parts to the base. Each is numbered and color coded for ease of assembly. A 5/16" bolt goes through the center of each piece. **Invert** base during assembly so that the bolt is facing upward. Take #1 and place #2 and #3 onto the center bolt and tighten the lock as tight as possible. Once the legs are bolted together, turn the frame over and assemble the remaining pieces. Match the colors on the tips of the bars to insure proper placement. Insert the remaining pieces into the couplers and bolt them together by using the 1/4" bolts and lock nuts provided. **Place the white bungee cord inside the tube net and place loosely over the frame before completing the frame assembly.**

Complete the frame by placing it on its side and applying **downward pressure**. This will allow the two remaining pieces to be joined together. All parts should be bolted together at each coupler with the 1/4" bolts and lock nuts. Moderate pressure may be required during this final stage of assembly since there is substantial tension associated with the frame.



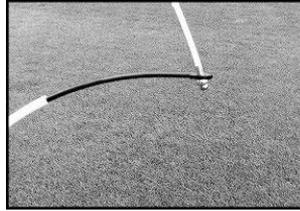
Tube Net Application & V-Rod Attachment

Once the circular frame is complete, pull the tube net with the white bungee cord around the circle. Insert the cut end of the bungee cord drawstring through the loop on the other end and pull to tighten. Cut the excess cord off and tie the two ends of the tube net together with the black tag lines on each end. Try to keep the seam rope on the outer edge of the frame for uniformity.

Attach the rubber impact absorbing spacer to the frame using the 1/4" bolt & wing nut. Then insert the V-Rod into the spacer and tighten the wing nut to secure. See User's Manual for specific strike zone designs using the V-Rods.

This completes the assembly for the PX-3.

Cable and Ring Attachment (VX-3)



First, place the cable loop over any leg of the base. This will prevent the ring from freely swinging when hit by a ball. Second, insert the white cable into the ring. The pressed fitting should rest against the ring.

Setting Inner Ring Height



Third, insert the cable into the interlocking holes on the frame. Begin by going up into the first hole and then down through the other before placing the excess cable into the tubing. The **black** mark on each cable represents our suggested height of the ring during front toss training.

***Always place the tube side away from the batter to prevent damage to the tube.**



V-FLEX™

Thank you for choosing V-Flex...